

# Heart To Heart



Free 4 week classes starting in October

Pregnancy Support Center & Hope House

## Childbirth Classes

October 4.11.18.25

The graphic features a light green background with a white circular brushstroke effect. The Pregnancy Support Center & Hope House logo is in the top left. The text "Childbirth Classes" is written in a large, black, cursive font. The dates "October 4.11.18.25" are at the bottom.

## Details

10.4 - PREGNANCY + BIRTH  
10.11 - BIRTH PLAN + POSTPARTUM  
10.18 - BREASTFEEDING  
10.25 - INFANT CARE

**SUPPORT + COMMUNITY + RESOURCES**

WEEKLY DOOR PRIZES

*Limited spaces available  
Call to Register*

**806.669.2229**

The graphic has a light green background with a white circular brushstroke. The word "Details" is in a large, black, cursive font. Below it is a list of dates and topics. The text "SUPPORT + COMMUNITY + RESOURCES" and "WEEKLY DOOR PRIZES" are in bold, black, sans-serif font. A note about limited spaces and a call to register is in a smaller, italicized font. The phone number "806.669.2229" is at the bottom in bold, black, sans-serif font.

## Upcoming Community Event

### **Come Out and Discover your Community!**

Bounce Houses, Food trucks, Hometown Agencies,  
Pampa police Dept. will be presenting a bicycle safety class & so much more!

**When:** October 1, 2022  
10:00 am– 2:00pm

**Where:** 2545 Perryton PKWY  
Mall Parking Lot  
Pampa, TX



# *Executive Director: Monica Galloway*

## *The Work of the Pregnancy Support Center*

Can I start off by saying, I will not let this moment in history go by without first giving praise to the Lord for the overturning of Roe V. Wade. I know there is much work to be done state to state. But, this 50 year old prayer request prayed by thousands of believers thousands of times has been answered. We must give God the highest praise for this undeniable answer to the prayers prayed. And with that said I want to reinforce what you know and understand about the work we do here. Our mission from the beginning has been to come along side these precious women and their families as they make decisions concerning their pregnancy. We have been here for 30 years offering help through meeting the practical and basic needs of pregnancy. We do this by providing free pregnancy tests, ultrasounds, formula especially when it was scare, diapers, and educational classes. Our maternity home was established to meet all the daily needs of an expectant mother, while quipping them with skills needed to protect and provide for their children. Our services are all free and everything we do is founded on love, truth and the gospel of Jesus Christ. I believe now more than ever our services and this ministry are needed.

*Rejoice with those who rejoice, and weep with those who weep. Romans 12:15*



## *A Tribute to Patty Plunk*

I worked with Patty for over seven years at the Pregnancy Support Center. She always seemed so quiet and calm. And you must know, I normally called her when there was a problem, that says so much about her character. She always had wisdom and direction for every situation. Her impact on the lives around her was extraordinary and this was so evident as the memorials came in and the words that were written spoke volumes of the selfless life she led helping others.

I know she is cheering us on to continue to fight the good fight with endurance. She was an example of how to live and to love others. *Monica*

## *In Memory of:*

Donna Bailey, Verne Roger Cave, Mrs. Marguerite Cole, Terry Lee Corbett, Nora Delozier, Marsha Eaves, Kevin Ebenkamp, Gaye Nell Fraser, Earlene Hannah, Lois Harris, Tangela Gail Hollon, Stacie Lynn Furgason, Ray & Hilda Duncan, Michael Shane Killgo, Arlene Gibson Kirchoff, Dennis Laycock, George Liberty, Lynlee, Neva Joan Malone, Johnnie E. Marx, Bill Newark, Patty Plunk, Kooper Zane Preston

# *Programs Director: Laura McGrath*

Hello again!

I hope this finds you well as we rapidly approach the end of summer and move forward (however reluctantly) towards the final quarter of 2022! It goes without saying, but I'll say it anyway; time is an absolute thief, and life has quite the way of reminding us of it's limits.

Speaking of life and limits, after nearly 50 years of activism and prayer, The Supreme Court of the United States issued a ruling that ultimately dismantled the constitutionally erroneous claim of a "right to abortion." Now, as you know, the matter will be left to each state and its electorate to decide on how it protects the pre-born. Truly, what an historic Summer it has been!



This historic moment did not come without its fair share of counter activism and confusion, however, as it became clearly evident to me just how many Christians in my generation have believed the euphemisms and the lies about the unborn. I think the deception stems from a lack of understanding the fundamental reason of why human life matters. To put it plainly, it's about the Imago Dei. We, humans, are the image of God on the earth. We bear His Image! We are His divine family; His whole reason for sending His Son to save our souls and reconcile us back to Himself. WE matter, because we come from HIM. Therefore, babies in the womb absolutely matter - regardless of their stage of development or state of being. They, too, are the Image of God. They are our brothers and sisters in Christ. This is an undeniable fact for the believer. What we do to the 'least of these' we also do to our King, after all.

God is serious about society, because He's serious about people. People form families and families are what build societies, for better or for worse. This is why it is essential to build and perpetuate strong families. These bonds begin in the womb, through the miraculous process of birth and throughout every day of child-rearing that follows. Helping women navigate this building block of society, remains the sole mission and purpose at The Pregnancy Support Center.

Several years ago, I wrote about becoming a volunteer and how God loves to use people who often feel unqualified or out of their element. Well, I am pleased to report, He has done that once again! Monica and I have been dreaming about all of the classes and programs the Center could offer to help build these strong families, from the bottom up. Our first event will be a 4-week childbirth class for expectant mothers beginning in October!

Often times, we feel like we should give our time and energy to a worthy cause, something that actually matters and moves us to action. If you feel moved in anyway to help mothers and their babies, please remember, God is not looking for experts, professionals or perfectionists. He is simply looking for the willing and obedient; He can take care of the rest.

*Gifts were given In Honor & Celebration of Life*

Mike Borger, Ben Campbell, Cathy Cavalier, Rick Timmons, Jarrod & Jocelyn Timmons

*Pregnancy Support Center &  
Hope House of Pampa  
210 N Ward  
PO Box 2097  
Pampa, TX 79066*

NON PROFIT  
ORGANIZATION  
U.S. POSTAGE  
PAID  
PERMIT #307  
PAMPA, TX 79065

*806-669-2229 806-669-0250 fax  
Return Service Requested*

### **Office Hours**

Mon-Wed 12 pm – 4 pm

Thurs 2 pm - 6pm

Friday, Saturday & Sunday closed

Free 24-hour Helpline: 806-669-2229

Toll Free 1-800-658-6999

www.pampapregnancycenter.com



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## **Our Services**

The Pregnancy Support Center is a place of unconditional love and acceptance. It is designed to meet the needs of a woman's body, soul and spirit. For women who are experiencing, or think they might be experiencing a pregnancy. The Pregnancy Support Center of Pampa offers:

- Free pregnancy testing
- Accurate information about Pregnancy, Abortion & Alternatives
- Ultrasound
- Help with choices in decision making
- Maternity Home
- Maternity clothes, baby and adult clothes
- Prenatal and postnatal information
- Information on various parenting skills
- Post –Abortion Ministry
- Support Groups
- Referrals for other social services

**All services are *always free and always confidential***

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