The **5k Colorific Run & Walk 4 Life** is for runners and walkers of all speeds, ages, shapes, and sizes. Runners should wear shirts that are mostly white, or may wear the shirt given for participating. Shirts can include team logos and any other image you see fit. Although the "color" does mostly wash out after the event, as with anything dirty, the sooner you wash it the better. We suggest wearing items that you wouldn't mind getting colorful. If you would like to preserve the color in your running shirt, you can spray it with vinegar and iron it before you wash it.

The 5k Colorific Station "bursts" are basically food grade cornstarch and are 100% natural and SAFE. As with any substance, you want to keep it out of your eyes and our "professional" color throwers make sure to aim below your face as you pass by. Some 5k Colorific Run & Walk participants will want to opt to wear glasses or goggles for your eyes and use a bandana or dust mask for your mouth. You will want to bring some towels for the inside of your car, just in case. We recommend covering cameras/phones with plastic wrap if you plan to take pictures while running/walking.

Entry Fee: The 5k Colorific Run & Walk 4 Life is \$40.00 per adult individual 13 and over, \$20.00 8-12 years, 0-7 years is free. Teams of 4 or more registration fee is \$35.00 per individual. Day of the race registration is \$45.00 and is from 7:00 - 8:00am. You may use the entry form below to enter.

<u>Packet Pick-Up:</u> Registration, event bags and t-shirt pick-up can be done Friday April 29th from 11:30am-2:30pm or from 6:00-7:00pm. The event day April 30th from 7:00-8:00am, the race begins at 8:30am.

<u>Included:</u> All 5k Colorific Run & Walk 4 Life participants will receive a t-shirt and event bag which includes 1 color packet. Other color packets will be available for purchase the day of the race or pre-ordered for \$1.00 on the entry form.

Start Time: The 5k Colorific Run & Walk 4 Life starts at 8:30am

Picked up Shirt and Event Bag

		Entry Form
Name		
Address		
ity, St, Zip		
hone		Cell #
ge	Date of Birth	Male or Female
-shirt Size		Additional Packets
aiver of Liability f	or 5k Colorific Run & W	/alk 4 Life Participants: (Must be signed to participate)
d agree to hold fr ents, board mem	ee and harmless the PSO bers and employees from	participate in the PSC 5k Colorific Run & Walk 4 Life, I hereby release, discharge, C and volunteers and each of them together with their successors, assigns, officers m any and all liability for injuries to property or person suffered by me as a result un & Walk 4 Life. By my execution of this waiver, I verity that I am physically fit and
		of this event and my physical condition has been verified by a licensed medical
octor. This release	shall be binding upon m	ny heirs, executors, and administrators.
gnature required _		Date

Paid Registration Fee