

Hope House Family Handbook

Hope House Maternity Home
Pampa, TX 79065

Pregnancy Support Center of Pampa
210 N. Ward
P.O. Box 2097
Pampa, TX 79066

1-806-669-2229

Mission Statement: Hope House is a Christian-based refuge for young pregnant women who find themselves in a crisis situation, with the goal of giving direction and hope in life.

During your stay at the home, your needs —such as a place to call home, utilities, food, household supplies, personal hygiene, and transportation to and from church, doctor appointments, and work — are provided for you and your baby by our generous donors.

You may not share the address of the Hope House without permission.

Criteria for Acceptance

- Must be 18 years or older and pregnant
- Must have a desire and willingness to take steps in preparing for a better future.
- Must agree to participate in individual plans of care and programs at the Hope House.
- Must agree not to smoke, drink alcohol, or take illegal drugs.
- Must agree to abide by the rules of the handbook.

Required Activities

Each resident is responsible each day to:

- Must agree to participate in individual plans of care and programs at the Hope House.
- Do your part to keep yourself and our home presentable.

General Housekeeping Duties

- We will maintain a clean and safe home and yard with a weekly schedule.
- Residents will do their laundry.

Meals/Snacks & Food Prep

- All meals will be eaten together as a family at the dinner table.
- Only water is permitted in the bedrooms unless arrangements are made with the house staff.
- Hands must be washed thoroughly before, during, and after handling food.
- All leftovers, unused or drinks, must be in sealed storage containers or bags and refrigerated immediately after use.
- If you have special dietary needs, you can discuss this with the house mom.

Bedrooms

- Do not hang or tape anything on walls without permission from the House mom.
- A walk-through will be done daily by the house staff to ensure things are tidy.

Personal Belongings

- You will be provided with your toiletries; do not share these items.
- If anyone is caught stealing, it will be grounds for their removal from the home.
- Must give an account of any spending money.

Personal Space and Privacy

- All residents must respect each other's personal space and privacy.
- Residents are not allowed to enter staff or other residents' bedrooms or bathrooms.

Dress Code

- All dress must be appropriate and modest.

Communication

- Swearing and vulgar language will not be tolerated.
- Residents are encouraged to be positive at all times. When a question or problem arises, please go one-on-one to resolve the issue. If needed, ask for assistance from house staff; if there are still concerns, then the Director will be contacted.
- Conflict is going to arise in any household; however, conflict can be resolved in an uplifting and honoring way. No one will tolerate disrespect.

Telephone Usage

- 2 hours of phone privileges are allowed each day.
- Phone areas are limited to the living room area. At no time are phones to be used in bedrooms, bathrooms, or outside. Only incoming calls from approved family members and friends will be allowed.
- Phone passwords are to be given to the house staff.
- No social media for the first three months. If using social media after that point, it will be checked to ensure that all electronics are used appropriately, and our address is not be listed on that info.
- Phones are not allowed during meals, Bible studies, church, or church activities while working at the Pregnancy Support Center.
- In later stages of the program, if you have and can afford a phone, you may not let other residents use your phone, and it will be turned in at night unless other arrangements are made with staff.

Entertainment

- All music, movies, and books will be uplifting and appropriate material. If you bring in inappropriate items it will be stored and returned to you at your departure.

Leaving Premises

- Residents must have prior approval before leaving the property from house staff.
- Overnight visits with family members are allowed after three months at the Hope House. Overnight visits must be approved in advance by the house staff.
- If staff feel it necessary, drug testing and bag search will be done upon return.

Guests Visiting the Home and Center

- All visitors must be approved by house staff, and no unexpected guests will be allowed in the home for any reason.
- Visits will be at the PSC building unless other arrangements are made through staff.

Medical/Dental/Vision Appointments

- Prescription medication must be given to the house mom and will be distributed per directions (this may change later on in a resident's stay).
- Over-the-counter medication is subject to the same supervision as prescription medication.
- Report injuries and illnesses to staff immediately.
- Resident is responsible for making doctor appointments and all healthcare costs.
- Random drug tests provided by the Hope House may be administered at any time.
- The house mom is your support person and needs to be involved in your medical/dental/vision appointments. The purpose of having her with you is to help you understand what you're being told, encourage you, help ensure you are cared for properly, and assist you in decision-making for you and your child. They will also help you in scheduling future appointments at times that work best for you and the various programs in the house.
- All your personal medical information will be kept confidential by house staff and ministry leadership. The only time others will be made aware of your medical information is when they need to know, and that will be determined by the Director.

Job Policy

- All residents will work as volunteers at the Pregnancy Support Center before their babies are born, and after they are released from the Dr. will be required to find a job.
- When applying for a job, potential employees must be informed that you are only available to work during daycare hours.
- You must find an approved daycare for your child before starting a job.

- After you have accepted a job offer, you and a staff member will draw up a financial agreement to best budget your income.

Vehicle Policy

- If a resident comes into the home with a vehicle or obtains one while in the home, the following applies.
- Resident will only be allowed to use the vehicle with approval from staff.
- Proof of current tags and insurance must be provided
- Vehicle must be locked at all times.
- Vehicle will not be used as a storage area.
- Vehicle must be kept clean and in good working order.

Discipline

- All residents agree to abide by the rules when they enter the home.
- Residents who violate the rules will have a verbal warning.
- If a second verbal warning is needed for the same offense, this will result in a write-up with the consequences to be determined.

Grounds for Removal from the Home

- A resident threatening to self-harm.
- A resident threatening to or harming another resident, staff member, volunteer or visitor in the home.
- A resident is caught stealing.
- A resident is found to be intoxicated or impaired in any way.
- You leave the home without permission from House Staff.