

Pregnancy Support Center &  
Hope House of Pampa  
210 N Ward  
Po Box 2097  
Pampa, Tx 79066  
806-669-2229 806-669-0250 fax  
Free 24-hour Helpline: 806-669-2229  
Toll Free 1-800-658-6999

Return Service Requested

**Office Hours**

Mon-Wed 12 pm –4 pm  
Thurs 2pm-6pm  
Friday, Saturday & Sunday closed



NON PROFIT  
ORGANIZATION  
U.S. POSTAGE  
PAID  
PERMIT #307  
PAMPA, TX 79065

Spring 2015

# Heart To Heart



## Save the Date

### Saturday May 16th 8:00 am

### Pregnancy Support Center



#### Our Services

The Pregnancy Support Center is a place of unconditional love and acceptance. It is designed to meet the needs of a woman's body, soul and spirit. For women who are experiencing, or think they might be experiencing a pregnancy, the Pregnancy Support Center of Pampa offers:

- Free pregnancy testing
- Accurate information about Pregnancy, Abortion, & Alternatives
- Ultrasound
- Confidential counseling
- Help with choices in decision making
- Emotional Support
- Maternity Home
- Maternity clothes & baby clothes
- Prenatal and postnatal information
- Information on various parenting skills
- Post –Abortion Ministry
- Support Groups
- Referrals for other social services

All services provided are **always free** and **always confidential**

#### Board of Directors

Mike Watson, President  
Willy Jaramillo, Vice President  
Patty Plunk, Secretary  
Linda Knighton, Treasurer  
Karmen Buck  
Beth Shannon

#### Advisory Board

Dr. Ron Easley  
Dr. Mark W. Ford, Jr.  
Ron Nelson  
Pastor Lonny Robbins  
Carol Stribling

#### Staff

Monica Galloway, Executive Director  
Devney Anderson, Administrative Assistant  
Reta Field, Computer Clerk  
Debra Hill, House Parent

#### Medical Director

Dr. Shane Rhoton MD

All American Pest Control ~ Brock's Weed Control ~ Cabot & NOI Employees Credit Union  
Carquest Auto Parts ~ Warren & Omega Chisum ~ Cornerstone Baptist Church  
Hi-Land Christian Church ~ Kevin Hucks: First Southwest Insurance ~ Live Well Chiropractic  
Rex & Robin McKay ~ Pampa Regional Medical Center ~ Pampa Sleep Store  
Re/Max Hometown Realty ~ Snappy Services Inc. ~ Sparkman Orthodontics  
W&W Fiberglass  
Water bottles donated by Culligan Water ~ Water station at the High School hosted by Texas Car Title & Pay Day Loan Services

## From the Hope House

## Autumn & Bentley

My name is Autumn Shantel Darden. I'm 26 years old. I was raised in a loving home with my mom and grandparents, who were a huge part of my life. My dad was an alcoholic. So when I was born my mom chose to bring me back to Pampa and raise me by herself. I loved sports, going to church and I had tons of friends. When I was a senior in high school I got mixed up in the wrong crowd. For 9 months I started using drugs and skipping school. I stopped going home. I put my mom through the worst thing I think a parent could ever go through. My mom found out about my drug use and I got clean. Not long after my boyfriend and I had our beautiful daughter, Aubrie, we got married. He finished college and I stayed home with the baby. A year after she was born I got a job at UPS. About 6 months into my job the doctor told me I had fibro-myalgia neuropathy. So I started taking pain pills. What I thought was a little pill to save a hard working moms life ended up being a divorce waiting to happen. In 2011 I went to re-habilitation for an awful pill addiction. While I was there I got served divorce papers. I never saw it coming. I just knew I was going to get better and fix my marriage. The day I got

served for the first time since I was a little girl I ran to my room in treatment, I hit my knees crying my eyes out and screamed "God please help me". After that every night me and a few other girls would read the bible. Still nothing made sense. I got sober moved into sober living. While I was trying to stay positive my divorce had me shattered. And the whole God thing at this point still didn't make a lot of sense. Needless to say I relapsed really bad and ended up in the worst situation. I got on methadone and meth. Eventually I got arrested. Scared to death coming off drugs I'm sitting in my cell I hear a small still voice says "Be still and know that I am God". It freaked me out kind of I mean I was raised in church. But I hadn't picked up a bible since my divorce. This older lady told me, "it is not about believing Autumn; it's about a personal relationship with God". And so it began. I went to Teen Challenge for a few months and learned so much. But I still felt lost without Aubrie and I gave up hope of ever getting her back so I moved back to Fort Worth where I was born. I ended up with a man that I believed was just like my father, a mean abusive drunk. I got pregnant with Bentley. The day after I learned I was pregnant with Bentley, his dad beat me so bad it put me in the hospital. I was so scared. I called my little sister and 3 days later I came home. I was so worried about the baby and had no insurance. I went to the country club the day I got home and the first person I saw was Krissa, Monica's daughter. I tell her my situation, she immediately calls her mom and proceeds to tell me about the Pregnancy Support Center, which I had no clue we even had. I called and made an appointment. Words cannot explain the way I could see and feel the presence of God and the Holy Spirit just by walking into the center. On each person's face they glowed with the Holy Spirit. Monica gave me my test and then told me about the Hope House. I pretty much knew right then God was calling me to do this it was so divine. But I still tried things my way for a couple of months. No matter what I did I could not get the Hope House off my mind and the love I had felt when I was there. So I finally worked up the courage to call again and Monica was so easy to talk to and so understanding. Then I met Ms. Debbi the house mom and finding out not only she had been in my shoes, but the way she understood me helped even more. Finally



for the first time in my life since the divorce, I felt like I was where I was supposed to be. I am so grateful for each person in this ministry, Mrs. Monica, Ms. Debbi, Mrs. Reta, Mrs. Devney, and Ms. Joan. And a special thanks to the board. The way God just radiates through not just the ministry as a whole but in every person it's truly amazing and a blessing to be a part of such a great Christian family. The verse I stand on is Phil 3:13-14 "Now dear brothers and sisters I have not achieved it but I focus on this one thing, forgetting the past and looking forward to what lies ahead". There is not a doubt in my mind this is where God wants me. I can't wait to see where God takes me on this journey. Now that I have chosen to get out of God's way and fully surrender to His way, and letting go of my way. The peace I feel is unlike anything I can explain.

*During our Baby Bottle Benefit bottles were filled in Honor of:*

*FUMC King's Kids ~ Aydon ~ Alexis Butler ~ Cornerstone Baptist Nursery ~ Nachtigall Grandchildren*

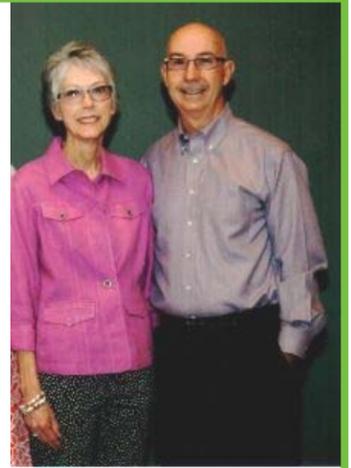
*A gift was given in Honor of: Mary Edwards*

*Memorial Gifts Given:*

*Lynlee ~ Catrina Howell ~ Jackie Brown ~ Tanner Mullican*

## From the Board

## Beth



I was approached about serving on the PSC Board of Directors while I was still employed, so I promised to consider it after I retired. The proverbial ink was still drying on my retirement papers when Monica called to remind me of my promise. My time as a PSC board member is ending soon, causing me to reflect on the past six years of my term. The first reflection that comes to mind is the variety of situations that Monica, the staff and the volunteers face on a daily basis. I was completely overwhelmed after the first board meeting. I had no idea of the scope of activities handled by the Center and the knowledge needed to accomplish those tasks. It is truly a ministry fueled by a genuine concern for each client that walks through the doors. A second reflection concerns the finances of the Center and the integrity with which they are handled. I have been repeatedly amazed at God's financial provision for the ministry through donations from partners who share the vision of the Center. Because each donation is a valued gift, the PSC has an internal system of checks and balances including monthly board reviews of finances, coupled with independent professional audits, to ensure that all funds are accounted for and spent properly. Stewardship of funds is a fundamental practice of the Center. Another reflection about my time at the Center concerns the ongoing evaluation of each program. Each activity is constantly monitored to insure that the needs of clients are being addressed. It is a dynamic operation that functions with the goal to protect the unborn and to aid moms who chose life. A final reflection is the time spent together with other board members. I saw firsthand the synergistic effort of people who are in unity working to achieve a goal. The board is comprised of members representing several church denominations, but those "isms" were totally blurred as we prayerfully worked together to make the best decisions for the Center. I feel that I have been totally privileged to be part of the body of Christ that functioned in unity as He intended us all to do. My time as a board member changed my life. ~Beth Shannon

## From the Director

## Monica

***Give thanks to the LORD and proclaim his greatness. Let the whole world know what he has done. Psalm 105:1***



This year has already been filled with so many blessings and so many opportunities to see God at work. We have completed our 11<sup>th</sup> group parenting session. This is made possible by the amazing volunteers in the community who teach. This last group was taught by Jeremy Buck, Paul Rayburn, Devney Anderson, Reta Field and Carl & Sandra Prater. We also just finished our second "More Than Mommy" group a single mom's network. It was facilitated by Karmen Buck and taught by Becky Watson, Margo Delong, Cassy Willis, Lisa Gibson, Jordan Marshall and Shauna Munsell. During our time together we shared a meal, got to know one another, had great lessons and fun door prizes as well as child care. Our Hope House is filled with amazing mothers who are committed to following Jesus and becoming who He has called them to be. We have three moms, four children and one on the way. We also continue to minister each day to those who come into the office needing pregnancy tests, ultrasounds, diapers, food, formula and baby clothes. I am always amazed at the beautiful way God brings us together in this place and allows us to partner with Him to see such love in action. I am blessed!!

## Needs List

*Similac Advanced formula, Similac Sensitive formula ,size 5&6 diapers, car-seats, onesies (white, green or yellow), toilet paper, paper towels, trash bags, Clorox wipes*