

Pregnancy Support Center
& Hope House of Pampa
210 N Ward
P.O. Box 2097
Pampa, TX 79066

806-669-2229 806-669-0250 fax
Return Service Requested

Office Hours

Mon-Wed 12 pm – 4 pm
Thurs 2 pm - 6pm
Friday, Saturday & Sunday closed
Free 24-hour Helpline: 806-669-2229
Toll Free 1-800-658-6999
www.pampapregnancycenter.com



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ORGANIZATION
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PAMPA, TX 79065



Spring 2016

Save
the
Date

Our Services

The Pregnancy Support Center is a place of unconditional love and acceptance. It is designed to meet the needs of a woman's body, soul and spirit. For women who are experiencing, or think they might be experiencing a pregnancy, the Pregnancy Support Center of Pampa offers:

- Free pregnancy testing
- Accurate information about Pregnancy, Abortion & Alternatives
- Ultrasound
- Confident lay counseling
- Help with choices in decision making
- Emotional Support
- Maternity Home
- Maternity clothes & baby clothes
- Prenatal and postnatal information
- Information on various parenting skills
- Post –Abortion Ministry
- Support Groups
- Referrals for other social services

All services provided are **always free**
and **always confidential**

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Medical Director

Dr. Shane Rhoton MD

Heart to Heart

Pregnancy Support Center



Saturday, April 30, 8:30 am

All American Pest Control ~ Brock's Weed Control

Cabot & NOI Employees Credit Union ~ Carquest Auto Parts

Warren & Omega Chisum ~ Cornerstone Baptist Church ~ Hi-Land Christian Church

Kevin Hucks: First Southwest Insurance ~ Live Well Chiropractic

Rex & Robin McKay ~ Pampa Regional Medical Center

Pampa Sleep Store ~ Re/Max Hometown Realty ~ Snappy Services Inc.

Sparkman Orthodontics ~ W&W Fiberglass

Water bottles donated by Culligan Water

Chasing The Beating Heart of God



Thump, thump, thump...hearing the sound of a baby's heartbeat for the first time can change one's life forever. My name is Liz Galloway, and about 2 years ago I had the honor of becoming a volunteer here at the Pregnancy Support Center. I along with two other ladies, Yvette and Dorothy, have been given a special privilege of running the ultrasound machine due to the fact we are all nurses. I don't think I could have known when I was studying to be a nurse that the Lord would have a higher calling in store for me—like saving unborn babies!

When I learned about how one needed to be a nurse to run the machine my heart leapt, and I asked Monica if I could be trained. She stated that they would be purchasing a new machine, and with that a training would be provided, so I could learn and join the team. I lived in Amarillo at the time, and for a week during the training I would drive to and from Pampa everyday. This was a sweet time, I would pray and sing at the top of my lungs... preparing my heart and mind for this new adventure. I would think of all the lives I would get to reach and hopefully bless—not fully understanding the battle for life that is being waged in this amazing place daily. Every time we walk a mom back to the room, have her lie down and expose her precious belly—we get to see how the Lord is knitting together an unborn baby so beautifully in her womb. We see His personality as the baby jumps, rolls, or even hiccups through the process. We do several things in our scan; check to see where the baby is-- making sure it's in the right spot, measure the size of the baby--in order to give a round about due date, and lastly we listen for the baby's heartbeat. We jokingly call this chasing the baby's heart, because the baby will inevitably twist or spin as we try to place this little line over the heart, so the machine can capture the sound. I get so excited through this process, the other nurses know this, because I am so bubbly telling the mom how amazing their precious little one is. The moms sometimes have their other children with them, and they get to hear their sibling's heartbeat—oh, how their faces light up when they hear it too. The repetitious thumping has brought even the toughest of men in the room to tears. A lot of times the mom is scared to see and hear what is on the screen, but the peace of God descends like a dove with that sound, and changes almost all fears and despair to peace and hope. I am so glad to be on the front line of this battle for life, and with a team of believers that are also being held to a higher call. I ask everyone reading this to pray for wisdom in our scans and for the continuing peace of God to rest in that little room where life is being found and heard.

Liz Galloway 🌹 (Follow Liz's blog at: town2country2life.com)

From the Board

Karmen

“Acknowledging that every human life begins at conception and is worthy of protection, Care Net offers compassion, hope, and help to anyone considering abortion by presenting them with realistic alternatives and Christ-centered support through our life-affirming network of pregnancy centers, organizations, and individuals.”

This is Care Net's mission, the network to which our local pregnancy center belongs. I am proud to say that the Pregnancy Support Center of Pampa and the Hope House provide all these things, and so much more, to families in our area. The staff and volunteers have a deep conviction about the beauty and value of human life, from its very earliest beginnings. Because of that, and never in spite of it, they offer compassion and hope in abundance to anyone who walks through the doors of the center. Whether it's a family that is struggling and needs a few extra diapers to make it to their next paycheck or a woman who is convinced that the only way out of her crisis pregnancy is through abortion, each individual client is treated with the kind of unbridled love that only the Gospel of Jesus can produce.

As a member of the board, I can wholeheartedly affirm that God is at work in this ministry. The task at hand is daunting. There are so many needs to be met through the center and so many dark places in our area that seem impossible to penetrate. The girls who come to the Hope House have such a wide variety of brokenness that brings them into our care. But through it all, because of the call of God upon our lives, the board is satisfied with nothing less than complete unity on all major decisions. God is so gracious to provide that unity. In fact, I cannot remember a time that the board has not come to a unanimous decision the first time, even in the most complicated of situations.

I am so thankful for my brothers and sisters in Christ who faithfully serve alongside me and for you, who give so generously, so that the Pregnancy Support Center of Pampa and the Hope House can continue to serve Pampa and the surrounding communities for the glory of God .



Needs List

Similac Advanced formula, Similac Sensitive formula ,size 5&6 diapers, car-seats, onesies 0-3 (white, green or yellow), toilet paper, paper towels, trash bags, Clorox wipes

During our Baby Bottle Benefit bottles were filled in honor of:

Cornerstone Baptist Nursery & Henry Guen Allen

Memorial Gifts Given:

Tanner Mullican, Harrison Samuel Woolsey